

# Make the Most of Your Weight-Loss Journey

Own the changes in your face  
and body with confidence.



**Allergan  
Aesthetics**  
an AbbVie company

# Post Weight Loss: Achieving the Look You Want

After using a weight-loss medication, you may experience volume loss in the face, less muscle mass, poor skin quality, and stubborn fat resistant to diet and exercise.



# Goals May Change Along Your Journey

90% of people have used a weight loss medication with the initial goal to lose weight. Most people changed their goals throughout their journey, with many of them wanting to improve their look.\*



There are aesthetic treatments that may help address the changes in your face, body, and skin. Learn how to confidently navigate your journey and own your results.

\*Based on a 2024 Allergan Aesthetics survey of patients aged 22 to 55 who must take or have taken GLP-1 for aesthetic reasons (n = 200).

## Volume Loss

# Improve facial volume loss

When you lose weight, you may lose fat in your face. This volume loss could make you look 5 years older than you are.

**Facial volume loss** can be a result of fat loss. This causes you to see lines and wrinkles, a hollowed-out appearance, and loose and saggy skin.



You can temporarily add volume to certain areas of your face with treatments such as dermal fillers, collagen stimulators, and fat transfers.

Facial volume



Skin quality

## Skin Quality

# Tighten, smooth, and enhance

When you lose a lot of weight, you may see your skin quality look different. This is because important building blocks of youthful skin are lost.

**Skin quality** declines due to changes in elastin, collagen, and essential nutrients. This causes you to see saggy and dull skin.



You can visibly tighten, smooth, and enhance your skin with professional-grade skincare, microdermabrasion, radiofrequency, microneedling, and laser skin tightening.

## Muscle Loss

# Improve muscle strength and tone

Up to 40% of the weight you lose may come from muscle.

After learning about muscle loss, ~9 out of 10 patients wanted to address it.\*†

Healthy lifestyle adjustments like a lean protein diet and strength training can build muscle.

**Muscle loss** can be a result of weight loss. You may experience weakened muscle function, which may require intervention.



Muscle loss

Electromagnetic stimulation may improve muscle strength and tone by delivering contractions that your body could not do on its own.

Body contouring treatments for muscle tone enhancement can support your weight loss journey as you aim to improve muscle firmness, strength, or tone to achieve your desired goals.

\*Based on a 2024 Allergan Aesthetics survey of patients aged 22 to 55 who must take or have taken GLP-1 for aesthetic reasons (n = 200).

†Of the 200 patients, 87% were likely to address muscle loss with a muscle toning device (among those rating >5 on a scale of 7).

‡Based on a 2023 Allergan Aesthetics survey of patients aged 18 to 55 who must have received a noninvasive body contouring procedure in the past 2 years (n = 300).

## Stubborn Fat

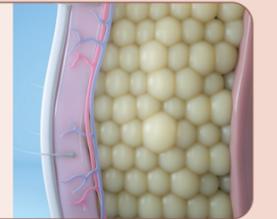
# Shape and contour

After your weight loss, you may still have stubborn fat.

5 out of 6 patients believe noninvasive body contouring treatments would help after using weight-loss medications.‡

Stubborn fat

**Stubborn fat** is a layer of fat beneath the skin that is difficult to lose, even with diet and exercise.



If you're at or near your ideal weight goal, but bothered by areas of stubborn fat, you could benefit from non-invasive body contouring fat-elimination treatment.

Options to sculpt your body include cryolipolysis, radio frequency, ultrasound, and fat-dissolving injections. Liposuction is a popular, but an invasive, sculpting option.

# Support Along Your Weight-Loss Journey

There are options to help you achieve your facial, body, and skin quality aesthetic goals. Ask your provider to learn about what may be right for you.

## Allē.



For more information,  
scan the QR code or  
visit [Allē.com](https://www.Allē.com)

**Allergan  
Aesthetics**  
an AbbVie company

© 2024 AbbVie. Allē and its design are service marks of Allergan, Inc., an AbbVie company.  
US-PRT-01090 11/24 027678

