

## POST 5: Why Does Filler Expand Over Time? (:60-:90s)

HOST: Hey \_\_\_\_, why does filler expand?

PROVIDER: This is a great question, because it brings up 2 important topics. First, some patients see swelling in their face after getting fillers. This is due to the procedure itself, which can cause inflammation and extra fluid in the area that was treated. This swelling usually goes away in a few days.

HOST: What's the second point?

PROVIDER:

The second important topic is the science behind fillers. Fillers are usually made from a modified form of hyaluronic acid, or HA. HA is a substance naturally found in the body that helps the skin retain its natural moisture and softness. When HA is turned into an injectable product, it keeps that ability to retain moisture.

HOST: So, by retaining moisture, Injectable HA Fillers expand?

PROVIDER: Exactly! When you get Injectable HA treatment, the filler will retain moisture that's naturally underneath your skin. Some products retain more moisture and some retain less, so it depends on which one you and your provider choose. Over time, this fluid can cause the filler to expand to more than the original volume that was injected.

But don't worry, this is a well-known phenomenon. An experienced injector will account for filler expansion by starting with low volumes and touching up, as needed, so your results stay natural looking.

### **[Caption]**

Injectable Hyaluronic Acid (HA) Fillers are known to expand, but don't worry, it's normal. In this video, \_\_\_\_ dives into why filler expansion happens and why it shouldn't affect your goal of subtle, natural-looking results.