

POST 4: Overfilled (:60-:90s)

HOST: ___, what advice do you have for patients who are worried about looking overfilled, overdone, or puffy with Injectable Hyaluronic Acid (HA) Fillers?

PROVIDER: Great question. First off, start with clear communication about your desire for natural-looking results.

Additionally, product volume matters. I recommend starting with smaller volumes. More product can be added later, but once it's in, it can't be taken away quite as easily. This approach helps maintain balance and proportion. It's also helpful to schedule a check-in with your provider so they can assess how the filler is settling in and make any adjustments.

HOST: Is product choice important too?

PROVIDER: Absolutely. Different products are designed for different areas. You probably want a softer product for lips, and a firmer product for cheeks—but always tailor treatment to your unique look, not someone else's.

The goal with any treatment using Injectable HA Fillers is to avoid trying to look like someone else, and to choose what looks best for your face.

HOST: So an “overfilled” look can be avoided?

PROVIDER:

Of course. Some swelling right after treatment is totally normal, but real, natural-looking results usually can be seen in as little as days to weeks after treatment.

[Caption]

Different Injectable Hyaluronic Acid (HA) Fillers are designed for different facial areas.

_____ breaks down what this means for your natural look and how you can minimize the risk of looking overfilled, overdone, or puffy.